SPACECRAFT WATER EXPOSURE GUIDELINES (SWEGS)

Toxicology Group Environmental Factors Branch Habitability & Environmental Factors Division

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National Aeronautics and Space Administration Lyndon B. Johnson Space Center Houston, Texas

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REVISION LOG

VERSION	CHANGE DESCRIPTION	RELEASE DATE
Baseline (JSC 63414)	Initial Release	05/2006
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SPACECRAFT WATER EXPOSURE GUIDELINES (SWEGs)

The National Aeronautics and Space Administration has determined that unique water exposure limits are required to protect astronaut health and, at the same time, not lead to over-design of water purification systems to meet unreasonably low standards. Based on guidance from the National Research Council Committee on Toxicology, Subcommittee on Spacecraft Water Exposure Guidelines (SWEGs, NRC, 2000) exposure guidelines have been set and documented for many of the compounds detected in the water systems of the Shuttle and International Space Station. The documentation for SWEGs is published by the National Academy Press in a series of volumes containing chapters that are authored by members of the JSC Toxicology Group (NRC, 2004). The guidelines consider the unique physiological changes that occur in space and the relatively robust nature of the astronaut corps. This publication is a tabular summary of the SWEGs documentation.

There are 2 groups of SWEGs that are set for each compound. Acute-exposure SWEGs are set for water consumptions of 1 and 10 days with the understanding that these limits apply only to contingency conditions. These acute-exposure guidelines allow for a moderate risk that the crew will experience mild dissatisfaction with the water, but not to the point where it would reduce their water consumption. There is only a slight risk that the compound could cause mild symptoms such as headache or nausea. Our goal in setting these limits is to help guide the management of a contingency event. These limits are not fully protective of crew health; therefore, they should never be used as design goals. The second group of SWEGs, for exposure periods of 100 or 1000 days, is set for prolonged consumption of water and allows for no appreciable risk to crew health. This includes the aesthetic properties of the water. Water that smells or tastes poor will reduce the consumption of water by the crew, and this condition cannot be accepted for long periods. Neither immediate toxic effects nor delayed (e.g. after the mission) toxic effects are acceptable. Combined effects of the compounds in drinking water are not considered.

More complete documentation of the SWEGs can be found on the Toxicology web page http://www.jsc.nasa.gov/toxicology/. If a SWEG has not been established by the JSC Toxicology group on a specific compound, then the U.S. Environmental Protection Agency's (EPA) Maximum Contaminant Levels (MCL) can generally be used as an interim guide to safe water contamination http://www.epa.gov/safewater/mcl.html. Alternatively, JSC toxicologists can develop an interim SWEG when requested.

References

NRC (2000) Methods for Developing Spacecraft Water Exposure Guidelines. National Academy Press, Washington, D.C.

NRC (2004) Spacecraft Water Exposure Guidelines for Selected Contaminants, Volume 1, National Academy Press, Washington, D.C.

NRC (2006) Spacecraft Water Exposure Guidelines for Selected Contaminants, Volume 2, National Academy Press, Washington, D.C., in press

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Spacecraft Water Exposure Guidelines*

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	1 day (mg/L)			10 days (mg/L)		00 days	1000 days		Remarks
Chemical Name			1			(mg/L)		(mg/L)	
Acetone		3500		3500	1	150		15	
Synonyms:	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	
NRC Vol. #: 2 CAS #: 67641	Blood	Marrow	Blood	Macrocytic	Kidney	Nephropathy	Kidney	Nephropathy	
Year SWEG was Set/ Reviewed:2005					Spleen	Hemosiderin	Spleen	Hemosiderin	
Alkylamines (di)		0.3		0.3	i	0.3		0.3	
Synonyms:	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>'Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	
NRC Vol. #: 2 CAS #: Variable	Nose	RWC	Nose	RWC	Nose	RWC	Nose	RWC	
Year SWEG was Set/ Reviewed:2004									
Alkylamines (mono)		2		2		2	-	2	
Synonyms:	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	
NRC Vol. #: 2 CAS #: Variable	Nose	RWC	Nose	RWC	Nose	RWC	Nose	RWC	
Year SWEG was Set/ Reviewed:2004									
Alkylamines (tri)	<u> </u>	0.4		0.4		0.4		0.4	
Synonyms:	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	
NRC Vol. #: 2 CAS #: Variable	Nose	RWC	Nose	RWC	Nose	RWC	Nose	RWC	
Year SWEG was Set/ Reviewed:2004									
Ammonia		5		1		1	-	1	
Synonyms:	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	
IRC Vol. #: 2 CAS #: 7664-41-7	Nose	RWC	Nose	RWC	Nose	RWC	Nose	RWC	
ear SWEG was Set/ Reviewed:2004									

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	1 day	10 days	100 days	1000 days	X
Chemical Name	(mg/L)	(mg/L)	(mg/L)	(mg/L)	Remarks
Barium (salts), soluble	21	21	10	10	
Synonyms: NRC Vol. #: 2 CAS #: variable Year SWEG was Set/ Reviewed:2005	<u>Organ Effect</u> Heart Cardiotoxicity	<u>Organ Effect</u> Heart Cardiotoxicity	<u>Organ Effect</u> RWC	<u>Organ Effect</u> RWC	
Cadmium (salts), soluble	1.6	0.7	0.6	0.022	
Synonyms: NRC Vol. #: 2 CAS #: variable Year SWEG was Set/ Reviewed:2005	<u>Organ Effect</u> G.I. Emetic	<u>Organ Effect</u> RWC Taste	Organ Effect Bone Osteotoxicity	<u>Organ Effect</u> Kidney Nephrotoxicity	
Caprolactum	200	100	100	100	
Synonyms: 6-Aminocaproic acid NRC Vol. #: 2 CAS #: 105-60-2 Year SWEG was Set/ Reviewed:2005	<u>Organ <u>Effect</u> Liver Hepatotoxicit</u>	Organ <u>Effect</u> Kidney Nephrotoxicity	<u>Organ Effect</u> Kidney Nephrotoxicity	<u>Organ Effect</u> Kidney Nephrotoxicity	
Chloroform	60	60	18	6.5	
Synonyms: NRC Vol. #: 1 CAS #: 67-66-3 Year SWEG was Set/ Reviewed:2004	<u>Organ Effect</u> RWC	<u>Organ Effect</u> RWC	<u>Organ Effect</u> Liver Hepatotoxicity	<u>Organ Effect</u> Liver Hepatotoxicity	
Di(2-ethylhexyl) phthalate	1800	1300	30	20	
Synonyms: DEHP NRC Vol. #: 1 CAS #: 117-81-7 Year SWEG was Set/ Reviewed:2004	<u>Organ</u> <u>Effect</u> G.I. Gastric Upse	<u>Organ Effect</u> Testes Injury	<u>Organ Effect</u> Liver Hematotoxicity Testes Injury	<u>Organ Effect</u> Testes Injury	

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	:	1 day	:	10 days	1	00 days	1	000 days	
Chemical Name	(mg/L)		:	(mg/L)		(mg/L)		(mg/L)	Remarks
Di-n-butyl phthalate	:	1200		175		80		40	
Synonyms: DBP	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>'Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	
NRC Vol. #: 1 CAS #: 84-74-2	Testes	Injury	Testes	Injury	Blood	Hematotoxicity	Blood	Hematotoxicity	
Year SWEG was Set/ Reviewed:2004									
Dichloromethane		40		40		40		15	
Synonyms: DCM	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	Organ	<u>Effect</u>	
NRC Vol. #: 1 CAS #: 75-09-02	CNS	DCFF	CNS	DCFF	CNS	DCFF	Liver	Hepatotoxicity	
Year SWEG was Set/ Reviewed:2004		RWC		RWC	Liver	Hepatotoxicity RWC			
Formaldehyde	1	20	i	20		12		12	
Synonyms:	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	
NRC Vol. #: 2 CAS #: 50-00-0	G.I.	Gastric Upset	G.I.	Gastric Upset	G.I.	Gastric Upset	G.I.	Gastric Upset	
Year SWEG was Set/ Reviewed:2006									*
Formate		10,000	:	2500		2500		2500	Decr. vision - decreased amplitude of
Synonyms:	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	electroretinograms
NRC Vol. #: 2	Eye	Decr. vision	Eye	Decr. vision	Eye	Decr. vision	Eye	Decr. vision	
Year SWEG was Set/ Reviewed:2005									
Manganese (Salts), soluble		14		5.4		1.8		0.3	
Synonyms:	<u>Organ</u>	<u>Effect</u>	Organ	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	
NRC Vol. #: 2 CAS #: variable		Systemic		Systemic	CNS		CNS		
Year SWEG was Set/ Reviewed:2005									

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Spacecraft Water Exposure Guidelines*

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	1	day	10	days	100	days	100	00 days	
Chemical Name	(mg/L)		(mg/L)		(mg/L)		(mg/L)		Remarks
2- Mercaptobenzothiazole		200		30		30		30	
Synonyms: MBT	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	
NRC Vol. #: 1 CAS #: 149-30-4	CNS	Depression	Kidney	Nephrotoxicity	Kidney	Nephrotoxicity	Kidney	Nephrotoxicity	
Year SWEG was Set/ Reviewed:2004								Cancer	
Nickel		1.7		1.7		1.7		0.3	
Synonyms:	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	
NRC Vol. #: 1 CAS #: 7440-02-0	Bn Marrow		Bn Marrow		Bn Marrow		Bn Marrow		
Year SWEG was Set/ Reviewed:2004		Immunosupres		Immunosupres		Immunosupres		Immunosupres	
Phenol		80		8	! !	4		4	
Synonyms: Carbolic acid, phenic acid	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	7/25
NRC Vol. #: 1 CAS #: 108-95-2	G.I.	Irritation	G.I.	Irritation	G.I.	Irritation	G.I.	Irritation	2 = 2
Year SWEG was Set/ Reviewed:2004				Taste	8	Taste		Taste	
n- Phenyl-beta-naphthylamine	1	600		1600		500		260	
Synonyms: PBNA	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	
NRC Vol. #: 1 CAS #:	G.I.	Toxicity	G.I.	Toxicity	Kidney	Lesions	Kidney	Lesions	8
Year SWEG was Set/ Reviewed:2004									7
Silver		5		5		0.6		0.4	Argyria is not considered an adverse
Synonyms: Argentum	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	<u>Organ</u>	<u>Effect</u>	toxic effect. The 1000-d value is similar to levels suggested by WHO
NRC Vol. #: 1		RWC		RWC		Hypoactivity	:	Argyria	(1984) for lifetime exposure.
Year SWEG was Set/ Reviewed:2004									

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Spacecraft Water Exposure Guidelines*

POTENTIAL EXPOSURE DURATION

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Chemical Name	1 day (mg/L)		10 days (mg/L)			00 days (mg/L)	1000 days (mg/L)		Remarks	
Total Organic Carbon Synonyms: NRC Vol. #: 2 CAS #: NA Year SWEG was Set/ Reviewed:2004	N <u>Organ</u>	lot Set <u>Effect</u>	O rgan	lot Set <u>Effect</u>	<u>Organ</u>	3 Effect	<u>Organ</u>	Not Set Effect		
Zinc, soluble compounds		11		11		2.0		2.0		
Synonyms: NRC Vol. #: 2 CAS #: variable Year SWEG was Set/ Reviewed:2005	<u>Organ</u>	Effect Immunotoxicity	<u>Organ</u>	Effect Immunotoxicity	<u>Organ</u> Blood	Effect Hematotoxicity Immunotoxicity		<u>Effect</u> Hematotoxicity		

Acronyms:

CNS - Central Nervous System

DCFF - Decreased Critical Flicker Frequency

GI - Gastrointestinal System NRC - National Research Council

N.S. - Not Set

PNS - Peripheral Nervous System

RBC - Red Blood Cells RspSys - Respiratory System RWC - Reduced Water Consumption

^{*} See end of table for explanation of acronyms